



A DIFFERENT PERSPECTIVE

Today's Page

*Here's the thing about perspective. You don't find it by thinking harder.
You find it by slowing down long enough to notice what's already true.
This page is for that. No rules. Just you and what's real today.*

One thing that's taking up too much space in my head right now:

(Name it. Getting it out of your brain and onto paper is half the battle.)

Something true that I keep forgetting:

(The thing you'd tell your best friend but somehow can't tell yourself.)

A different perspective on today:

(What would it look like if this day wasn't about getting it right, but just getting through it honestly?)

What I'm asking God about (or just thinking out loud about):

(It doesn't have to be a prayer. It can be a question. A frustration. A thank you. Whatever's real.)

One thing I'm choosing to believe today, even if I don't fully feel it yet:

*"You don't need a better mindset. You need a different perspective.
And sometimes the different perspective is just: you're doing better than you think."*

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